

Grace doesn't just show up on Sunday mornings during worship or while we sit in a Bible study circle. Grace reaches into the messy, busy, and ordinary parts of our lives—our Monday routines, our parenting, our jobs, our thoughts, our words.

Week 1:

Day One: What Is Grace, Really?

Read Key Text: *Ephesians 2:8–9*

Supporting Texts: Romans 3:23–24, Titus 3:4–7

Devotional Thought:

Grace is at the very heart of the Christian faith. It is God's unearned, undeserved favor—a gift that flips the world's message on its head. The world says, "Earn it. Prove yourself. Be good enough." But God says, "Receive it. My Son has done it all."

Grace is not a divine reward for our effort. It is the kindness of God extended to those who deserve judgment. And that includes all of us. We don't come to God with merit or achievements—we come with need, and He meets us with mercy.

The **Baptist Faith & Message 2000** beautifully declares, "Salvation involves the redemption of the whole man... and is offered freely to all who accept Jesus Christ as Lord and Savior, who by His own blood obtained eternal redemption for the believer." This is the gospel: Jesus Christ paid the price we could never afford to give us life we could never earn.

Grace is not just *part* of salvation—it *is* the way of salvation. It is how we come to God and how we continue walking with Him. It reminds us daily that we don't have to perform or pretend. We simply come with open hands, and Jesus meets us there.

Reflection Questions:

- What misconceptions have you had about grace in the past?
- How does understanding grace free you from performance-based faith?
- Why is it important to see grace as a gift, not a reward?

Prayer:

Father, thank You for the grace that saves me. Help me see clearly that I cannot earn Your love—it is freely given. Let that truth sink deep into my heart today. Amen.

Day 2: Grace Is an Encounter, Not Just a Concept

Read Key Text: Titus 2:11–12

Supporting Texts: John 1:14–17, 2 Corinthians 5:17

Devotional Thought:

Grace isn't just a doctrine to affirm—it's a divine encounter that changes everything. It's not merely something we learn; it's Someone we meet.

Grace breathes life into dead hearts. It opens blind eyes to see the beauty of God. It doesn't just inform our minds—it reshapes our lives. And the most stunning part? Grace has a face. His name is Jesus.

John tells us that Jesus came *full of grace and truth*. That means when we come to Jesus, we aren't just reading about grace—we are encountering it in person. Grace is no longer a concept; it's a relationship. It's not stale religion or empty ritual. It's vibrant, real, transforming love.

When we experience real grace, we don't stay the same. As Titus 2:12 says, grace "teaches us to say 'no' to ungodliness and worldly passions, and to live self-controlled, upright, and godly lives." That's sanctification—becoming more like Christ day by day.

Grace saves us, yes—but it also sanctifies us. It reaches into our everyday choices and reshapes our hearts to reflect the One we love.

Reflection Questions:

- When have you truly *felt* the grace of God in your life?
- How does grace lead you closer to Jesus personally, not just theologically?
- In what areas is grace reshaping you right now?

Prayer:

Jesus, I don't want to just study You—I want to know You. Help me see Your grace as alive and active. Draw me deeper into relationship with You. Amen.

Day 3: Grace Says, "You're Forgiven. You're Free."

Read Key Text: *Romans 5:1–2*

Supporting Texts: Galatians 5:1, Psalm 103:10–12

Devotional Thought:

Grace is the final word over guilt. It breaks every chain of shame and silences the relentless voice of condemnation. In Christ, your story is no longer defined by your past, your failures, or your flaws. Because of grace, you are not who you were—you are justified, fully accepted, and declared righteous in Him.

Romans 5:1 reminds us that through faith, we now have peace with God. Not uncertainty. Not fear. *Peace*. That means the striving can stop. You don't have to keep trying to earn what Jesus has already secured for you. Grace is not just the starting line of the Christian life—it's the solid ground we stand on every single day.

The **Baptist Faith & Message 2000** defines justification as "God's gracious and full acquittal upon principles of His righteousness of all sinners who repent and believe in Christ." You are no longer under wrath. You are under grace (Romans 6:14). And that changes everything.

So when the enemy whispers accusations, when your heart feels heavy with regret, remember: grace speaks louder. Grace is the final word.

Reflection Questions:

- Are there areas of shame or guilt where you've struggled to receive grace?
- What does it mean to you to be "free" in Christ?
- How would your day change if you truly believed you were fully forgiven?

Prayer:

Lord, I confess that I sometimes carry burdens You've already forgiven. Help me live in the freedom grace provides. Thank You for declaring me righteous in Christ. Amen.

Day 4: Grace Is Your Daily Strength

Read Key Text: 2 Corinthians 12:9–10

Supporting Texts: Lamentations 3:22–23, Hebrews 4:16

Devotional Thought:

Grace isn't just for the moment you were saved—it's your strength for every moment after. The apostle Paul begged God to take away his "thorn in the flesh," something painful and persistent. But instead of removing it, God offered something better: "My grace is sufficient for you."

That promise still stands. Grace is not only your covering—it's your courage. It's not just your second chance—it's every chance. It's the strength that carries you when you're tired, the peace that steadies you when you're overwhelmed, and the hope that holds you when nothing makes sense.

Whether you're a mom juggling too much, a student under pressure, or a woman fighting silent battles, grace whispers: *You don't have to be enough—Jesus is.*

His mercies are new every morning (Lamentations 3:23), and you are invited to come boldly to His throne to receive help in your time of need (Hebrews 4:16). You don't have to have it all together—just come.

Reflection Questions:

- Where are you feeling weak, exhausted, or overwhelmed?
- How does God's grace give you strength for daily living?
- Are you depending more on your effort or God's provision?

Prayer:

God, I need Your grace today—not just to forgive me, but to carry me. Be my strength when I feel weak. Remind me that You are enough. Amen.

Day 5: Grace Draws You to Jesus—Not Just Knowledge About Him

Read Key Text: *Philippians 3:7–8*

Supporting Texts: John 15:5, Colossians 2:6–7

Devotional Thought:

Grace doesn't just change how you behave—it changes whom you love.

The Christian life isn't about better habits or checking religious boxes. It's about a Person. Grace doesn't lead us to principles—it leads us to Jesus. Paul said everything else in life was worthless compared to *knowing Christ*. That kind of desire doesn't come from guilt or grit—it's born out of grace.

Grace awakens your heart to want more than just service—it draws you into **fellowship**. As you abide in Jesus (John 15:5), you begin to bear fruit that lasts. As you walk in Him, you are rooted and built up (Colossians 2:6–7). This isn't religious busyness. It's relationship. It's staying close.

So let grace quiet the noise. Let it pull you away from distraction and into the presence of the One who loves you most. Open your Bible. Speak to Him in prayer. Worship freely. Join your church family. Not because you *have* to—but because grace leads you to the One your soul was made for.

Reflection Questions:

- Are you more focused on doing for Jesus or being with Jesus?
- How is grace inviting you to rest in Him today?
- What can you do this week to deepen your relationship with Christ?

Prayer:

Jesus, I want more of You. Strip away distractions and help me abide. Let Your grace lead me to walk closely with You every day. Amen.

Week 2

Day 1: Grace is the Power of God at Work

Read Key Text: Ephesians 2:1–10

Supporting Texts: Romans 3:23–24, Titus 2:11–14

Devotional thought:

Grace isn't just a word or a theological idea — it's the very power of God at work in our lives. It is completely unearned, undeserved, and given freely by our loving Creator. This same grace that saved you from sin doesn't stop there. It continues to work in your heart, shaping you day by day to be more like Christ.

Grace doesn't just rescue us from the past; it sends us forward in purpose. It moves us into lives of service, love, and joy. When you feel weak or unworthy, remember that God's grace is stronger than your struggles. It is His power making you new and equipping you for every good work.

Discussion Points:

- What does it mean to be saved "by grace through faith"?
- Why is it important to understand that grace is not earned?
- How does grace shape our identity as God's workmanship?

Questions for Reflection:

- 1. How do you personally define grace?
- 2. How has God's grace changed your life in the past year?
- 3. In what ways are you tempted to "earn" God's love?

Prayer:

Lord, thank You for the gift of Your grace—freely given, never earned. Help us rest in it, grow through it, and be transformed by it. Let us never boast in ourselves, but only in the cross of Christ. Amen.

Day 2: Grace Shapes Our Purpose

Read Key Text: 1 Peter 4:10–11

Supporting Texts: Romans 12:4–8, 1 Corinthians 12:4–11

Devotional Thought:

God's grace is not only the gift that saves us but also the source of the unique spiritual gifts He gives to every believer. These gifts aren't given to make us look important or to gain praise for ourselves. Instead, they are entrusted to us to serve others and to build up the body of Christ—the Church.

When you recognize your spiritual gifts, remember they come from God's grace alone. You didn't earn them, and they aren't about you—they are tools for blessing others. Whether your gift is teaching, encouragement, hospitality, or any other, it has a purpose: to strengthen and encourage those around you.

Serving with your gifts reflects God's love and grace in a powerful way. It moves the Church forward and brings glory to Him. So embrace your role with humility and joy, knowing that God equips you for the unique service He has prepared.

Discussion Points:

- What are spiritual gifts, and how are they an expression of grace?
- How can women in the church use their gifts in alignment with Scripture and church roles?

Questions for Reflection:

- 1. What gifts has God entrusted to you?
- 2. How can you use them to strengthen the body of Christ?
- 3. Are you faithfully stewarding what you've received?

Prayer:

Father, You have gifted each of us uniquely and wonderfully. Show us how to use these gifts for Your glory. Open our eyes to opportunities to serve and build up the Church through Your grace. Amen.

Day 3: Grace Grows in Community

Read Key Text: Hebrews 10:23–25

Supporting Texts: Acts 2:42–47, Galatians 6:1–2, 1 Thessalonians 5:11

Devotional Thought:

God's grace flows vertically—from Him to us—but it also moves horizontally—between us and others. The Christian life was never meant to be a solitary journey. Instead, God designed us for community: a place where we grow, encourage, and hold one another accountable.

When we live in connection with other believers, we experience the fullness of God's grace working through relationships. Community brings strength when we're weak, joy in seasons of struggle, and wisdom through shared experience. It's in the company of others that we find encouragement to keep walking faithfully.

If you've been tempted to isolate yourself or carry your burdens alone, remember God's design is connection. Reach out, share your heart, and open yourself to the grace God pours through His people. Together, we reflect His love more fully and grow in grace and truth.

Discussion Points:

- Why is the local church essential to Christian growth?
- What does fellowship look like through the lens of grace?

Questions for Reflection:

- 1. Are you actively involved in biblical community?
- 2. Who encourages your faith walk—and who do you encourage?
- 3. How can grace heal relationships within the church?

Prayer:

God of grace, thank You for placing us in Your Church. Help us to love one another well, to serve one another humbly, and to walk with one another faithfully. May our fellowship reflect the love and unity of Christ. Amen.

Day 4: Grace Gives Courage

Read Key Text: 2 Corinthians 12:9–10

Supporting Texts: Joshua 1:9, Philippians 4:13, Acts 4:31

Devotional Thought:

Grace is often thought of as forgiveness—and rightly so! God's grace washes away our sins and sets us free. But grace is far more than just pardon; it is the very power of God working in us to live boldly for Him.

When we feel weak, unsure, or afraid to step into what God is calling us to do, His grace steps in as our strength. It gives us courage to obey His voice, to speak His truth, and to serve in roles we might otherwise shrink from. Because His grace is sufficient, we don't have to rely on our own strength or confidence.

This means that even when we feel inadequate, we can trust God to empower us. His grace fills the gaps, strengthens our hearts, and enables us to fulfill His purpose. In our weakness, His power shines brightest.

Discussion Points:

- How does grace help us overcome fear?
- How can women faithfully serve while honoring God's design for church leadership?

Ouestions for Reflection:

- 1. What are you afraid to step into right now?
- 2. Are you trusting your own ability, or God's grace?
- 3. What might obedience look like this week?

Prayer:

Jesus, we often feel inadequate, unqualified, or afraid. But Your grace is enough. Give us courage to follow You boldly. Strengthen our faith when we are weak, and let Your power be made perfect in our lives. Amen.

Day 5: Grace Overflows in Joyful Service

Read Key Text: Colossians 3:23–24

Supporting Texts: Galatians 5:13, Matthew 5:14–16, John 15:5

Devotional Thought:

Sometimes serving others can feel like a heavy burden. The tasks pile up, the to-do list never ends, and our energy runs low. But when our hearts are fueled by God's grace, serving no longer feels like a chore—it becomes a delight.

Grace transforms the way we live daily. Even the smallest, most ordinary tasks become opportunities to worship God and minister to those around us. Washing dishes, caring for family, volunteering at church—these acts, done in grace, reflect God's love and glory.

When we remember that our service flows from the grace God has lavished on us, it changes our perspective. We serve not out of obligation or duty, but out of gratitude and joy. Serving becomes a natural response to the grace that saved us and continues to sustain us.

Discussion Points:

- How does grace change our perspective on serving?
- What does it mean to serve joyfully, not dutifully?

Questions for Reflection:

- 1. Is your service marked more by joy or exhaustion? Why?
- 2. How can you renew your heart in service?
- 3. Where is God calling you to "be light" this week?

Prayer:

Lord, thank You for letting us be part of Your work. Let grace infuse our hands with joy, our hearts with purpose, and our lives with light. May we serve not for applause, but from love. Amen.

Final Encouragement

God's grace is not a quiet whisper; it is a commissioning cry. You are saved by it. You are strengthened through it. And you are sent with it. "Now go, and live it loud."

Week 3

Day 1: God's Undeserved Kindness

Read Key Text: Ephesians 2:8–9

Supporting Texts: Romans 3:23–24, Titus 3:5–7

Devotional Thought:

At the very heart of our relationship with God is this life-changing truth: we are saved by grace, not by works. Grace is God doing for us what we could never do for ourselves—offering forgiveness, salvation, and eternal life through Jesus Christ. We didn't earn it. We could never deserve it. It's a gift—freely and lovingly given.

This is what makes Christianity beautifully different from every other belief system. While religion often says, "*Do more. Be better. Earn your way*," the gospel of grace says, "*It is finished*." Grace doesn't begin with us striving or trying harder. It begins with God reaching down to us.

Even when we were dead in our sins—unable to respond, unable to rescue ourselves—God made us alive with Christ (Eph. 2:1–5). Why? Not because we were good, but because *He is rich in mercy and love*.

This grace is the firm foundation we stand on. It's what saves us, sustains us, and secures our hope. We don't have to prove ourselves—we get to rest in the One who already proved His love on the cross.

Questions for Reflection:

- How would you define grace in your own words?
- In what ways have you tried to "earn" God's love?
- What does it mean to you that grace is completely undeserved?

Prayer:

Lord, thank You for Your amazing grace. Remind me daily that my worth and salvation are not rooted in my efforts, but in Your love. Help me rest in the truth that I am saved by grace alone, through faith. Amen.

Day 2: Grace Brings Us into Relationship with Jesus

Read Key Text: John 1:16

Supporting Texts: Titus 2:11, Philippians 3:7–9

Devotional Thought:

Grace is more than a one-time gift—it's a daily invitation. It brings us to Jesus not just to be forgiven, but to be transformed, to be loved, and to walk with Him in intimate relationship.

So often we think of grace as something that covers our past mistakes—and it does. But it also reshapes our present. Grace isn't dry theology—it's the warm, persistent pull of God's love that says, "Come closer." Every day, in every moment, grace draws us into deeper fellowship with Christ.

The more we experience His grace, the more we long to know Him—not just know *about* Him, but to *walk* with Him. Jesus is not only our Savior; He is our Friend who listens, our Shepherd who guides, and our source of lasting joy.

Facts about Jesus don't change your heart. But walking with Him does. That's what grace invites us into: a living, breathing, daily relationship with the One who loves us most.

Questions for Reflection:

- How has grace shaped your relationship with Jesus?
- Are you walking in daily fellowship with Him or simply knowing about Him?
- What would it look like for you to experience grace today?

Prayer:

Jesus, thank You for calling me into a relationship with You. I don't want to merely know about You—I want to know You deeply. Help me receive Your grace with open hands and follow You wholeheartedly. Amen.

Day 3: Grace Is Power for Daily Living

Read Key Text: 2 Corinthians 12:9

Supporting Texts: Hebrews 4:16, Romans 5:1–2

Devotional Thought:

Grace is often thought of as the moment God saves us—and it is! But grace doesn't stop there. It sustains us every single day, especially when life feels overwhelming, and we're tired, anxious, or uncertain.

The apostle Paul experienced this deeply. He asked God to remove a painful "thorn" in his life, but God's answer wasn't what Paul expected: "My grace is sufficient for you." Instead of taking away the struggle, God promised His grace would carry Paul through it.

This same grace is available to you and me. It is the strength that holds us up when we feel weak. It gives us boldness to come before God's throne, even when we've made mistakes. It empowers us to forgive others, endure hardships, and grow in holiness day by day.

Grace is not just a second chance after we fail—it is every chance we need, every moment of every day. No matter what you face today, God's grace is enough.

Questions for Reflection:

- Where do you need God's grace to strengthen you today?
- Are you relying on your own strength or God's sufficiency?
- When have you seen God's grace show up in your weakness?

Prayer:

Father, I am weak—but You are strong. Let Your grace be my strength today. Remind me that You are not finished with me, and that Your power is made perfect in my weakness. I trust You. Amen.

Day 4: Grace Comes Through the Means God Provides

Read Key Text: Acts 2:42

Supporting Texts: John 17:3, Colossians 3:16–17

Devotional Thought:

God, in His grace, has not only saved us—He invites us to experience more of Himself every day. And in His kindness, He has given us tangible ways to do that. These are called *the means of grace*: Scripture, prayer, worship, communion, and fellowship with other believers. They are not ways to earn God's favor—they are the loving pathways He's given for us to receive and enjoy His grace more fully.

When we open His Word, pour out our hearts in prayer, sing with the saints, or gather around the Lord's Table, we are positioning ourselves to meet with Him. These aren't spiritual checkboxes—they're lifelines. They steady us in seasons of sorrow, ground us when we're overwhelmed, and deepen our joy when life is good.

Grace doesn't run dry in hardship or routine. It flows steadily through these God-ordained means—helping us see and savor Jesus again and again. Whether you're thriving, grieving, or just getting by, God is near. And He invites you to draw closer through the means He's lovingly provided.

Questions for Reflection:

- Which of these habits is strong in your life? Which one needs renewal?
- What distracts or discourages you from engaging in these means of grace?
- How might your life look different if you created consistent space for these?

Prayer:

Lord, thank You for not leaving me alone. You've given me ways to draw near and grow. Help me see Your grace in every prayer, every verse, and every gathering of believers. Let these habits be rooted in love, not pressure. Amen.

Day 5: Grace Transforms Our Everyday Lives

Read Key Text: Colossians 3:23–24

Supporting Texts: John 15:5, Galatians 5:13

Devotional Thought:

Grace doesn't just show up on Sunday mornings during worship or while we sit in a Bible study circle. Grace reaches into the messy, busy, and ordinary parts of our lives—our Monday routines, our parenting, our jobs, our thoughts, our words.

When we truly understand grace, it transforms everything. Even the smallest, most mundane task becomes sacred. Folding laundry, making lunches, answering emails, driving kids to practice—these moments become opportunities to reflect God's love and serve Him with joy.

We no longer serve out of duty or pressure—we serve from delight. Why? Because we are connected to Christ, the true Vine. As we abide in Him (John 15:5), His life flows into ours. His grace shapes our attitudes, softens our words, gives purpose to our actions, and strengthens us when we feel worn thin.

Grace is what teaches us to rest when we're weary, forgive when we're hurt, and persevere when life is hard. It's not just a gift—it's the power that sustains us moment by moment, wherever we are, whatever we face.

Questions for Reflection:

- Where do you need to invite grace into your daily routine?
- Are you serving out of love or obligation?
- How can you let grace shape your attitude this week?

Prayer:

Jesus, thank You that grace is for every moment. Let my life reflect the joy of being Yours. Help me serve, speak, and live with grace—so others may see You in me. Teach me to walk in step with Your Spirit today. Amen.

Week 4

Day 1: Grace in the Chaos – God Meets You Where You Are

Read Key Text: 2 Corinthians 12:9; Ecclesiastes 3:1

Devotional Thought:

You may feel like life is a blur—between alarm clocks, diapers, deadlines, and disappointments. It's tempting to believe God is only near when life is quiet and peaceful. But grace meets you in the *mess*, not just the stillness.

Ecclesiastes reminds us that there is a season for everything. Some seasons are packed with noise and responsibility. Others may be slower and more reflective. But in every season, God remains the same. His grace doesn't wait for you to get everything together. It meets you in the middle of your laundry pile, through whispered prayers in traffic, and even when your Bible is buried under paperwork.

Questions for Reflection:

- What does your current "season" of life look like?
- Have you felt like you need to "get it together" before spending time with God?
- Where have you already seen God's grace meeting you in your routine?

Prayer:

Lord, thank You for meeting me right where I am. Help me recognize Your grace in the middle of my day—not just in quiet moments, but in the chaos too. Teach me to open my eyes to Your presence in my season. Amen.

Day 2: Grace, Not Performance – Reframing Your Routine

Read Key Text: Matthew 6:9; Psalm 100; 1 Peter 1:13–16

Devotional Thought:

We often treat spiritual habits as boxes to check. We feel guilty if we miss our quiet time or distracted during prayer. But grace reframes all of that. These habits aren't burdens; they're blessings. They're not about performance—they're about presence.

Your Bible isn't a textbook. It's a letter from God's heart to yours. Prayer isn't a chore—it's communion. Even small acts, like praising Him aloud or obeying Him in everyday moments, are spiritual worship.

Spiritual rhythms can look different for each of us. What matters is not how they look but whether they draw you closer to Jesus.

Questions for Reflection:

- In what ways have you treated spiritual habits as performance?
- What is one rhythm or habit that could draw you closer to Christ this week?
- How can you invite God into ordinary moments?

Prayer:

Father, help me see time with You not as a duty, but as a delight. Give me grace to approach You with open hands, not trying to earn Your love, but resting in it. Shape my routines around Your presence. Amen.

Day 3: Believe, Behave, Become – Living Grace Daily

Read Key Text: Romans 12:1–2; 1 Peter 2:9; Colossians 3:12–14

Devotional Thought:

In Experiencing *God's Story of Life and Hope*, Dr. Scott Duvall speaks of spiritual growth in three ways: *believing*, *behaving*, and *becoming*. But many of us skip to "behaving," focusing on actions while neglecting the heart.

True change begins with believing—resting in who God is and who you are in Him. From that identity flows behavior rooted in love and obedience. And as we walk with Jesus, we slowly become more like Him.

Grace reminds us we're not just called to do for Jesus, but to be with Him—and become like Him.

Questions for Reflection:

- Which of the three "B's" (believing, behaving, becoming) do you find easiest? Which is hardest?
- What truth about God do you need to believe more deeply today?
- How does grace free you to live differently?

Prayer:

Jesus, You care about my heart more than my performance. Teach me to believe Your truth, to walk in Your ways, and to be transformed into Your likeness. Make me a woman of grace. Amen.

Day 4: Preach the Gospel to Yourself – Again and Again

Read Key Text: Romans 3:23; 1 John 1:9; Ephesians 1:7

Print: "Preach the Gospel to Yourself" from the Free Printables page.

Devotional Thought:

We often forget the gospel. We know Jesus died and rose for us—but daily life can drown out that truth. That's why we need to *preach the gospel to ourselves every day*.

Remind your heart:

- I am a sinner in need of grace.
- Christ died for me, loves me, and lives in me.
- Nothing I do today can separate me from His love.

This isn't just theology—it's fuel. It's the reminder that you're not working for God's love, you're working from it.

Questions for Reflection:

- Do you daily remind yourself of the gospel? Why or why not?
- What part of the gospel do you most need to remember today?
- How would your day change if you truly believed you were loved and forgiven?

Prayer:

Lord, let me not forget the good news. Write it on my heart. In my highs and lows, remind me that I am Yours—not by effort, but by grace. Let that truth change everything. Amen.

Day 5: Grace Is the Rhythm Beneath the Rush

Read Key Text: Romans 5:8–9; Psalm 103:10–12; Micah 7:19

Devotional Thought:

There will be crazy days. Days when everything goes wrong. Days when you don't "feel" spiritual at all. But grace doesn't depend on your feelings or your schedule. Grace is the steady current of God's love beneath the surface of your storm.

You don't need a flawless routine to be close to Jesus. You just need a surrendered heart. Whether your hair is a mess or your world feels upside-down, His grace hasn't budged.

On those days, preach the gospel. Whisper a prayer. Open your Bible—even if it's just for five minutes. Text a godly friend. Go to church, even tired. These aren't chores—they are lifelines. Grace rhythms that keep your soul anchored when everything else feels shaky.

Questions for Reflection:

- What does "grace in the crazy days" look like for you?
- How has God shown up for you when your life felt out of control?
- What one lifeline can you hold onto this week?

Prayer:

Jesus, thank You for being steady when life isn't. Thank You that Your grace doesn't depend on how well I perform. Be the rhythm beneath my rush. Anchor my soul in Your presence, and meet me in every moment—crazy or calm. Amen.

Final Reflection Questions

1. Understanding Grace

- How has your understanding of God's grace changed through this study?
- What misconceptions did you have about grace that this study helped correct?
- In what ways is grace more than just a "gift"? How is it also a sustaining power?

2. Grace in Daily Life

- Where do you most often struggle to see or receive God's grace in your everyday routine?
- How can you begin to recognize grace in "ordinary" moments—while doing dishes, driving, working, or parenting?
- What's one recent "crazy day" where you now see God's grace at work?

3. Habits That Anchor

- Which spiritual habit (Bible reading, prayer, worship, fellowship, etc.) helps anchor your soul the most right now?
- What small adjustment could you make to create more space for grace in your daily rhythm?
- How can you reframe your habits not as obligations, but as invitations to commune with God?

4. Preaching the Gospel to Yourself

- Which gospel truth do you need to remind yourself of most often?
- What would it look like for you to "preach the gospel to yourself" daily?
- How has remembering the gospel helped you respond differently to stress, guilt, or failure?

5. Becoming a Woman Shaped by Grace

- What is one way God is changing your character, not just your calendar?
- How would someone close to you describe how grace shows up in your life?
- In what area of your life are you asking God to help you become more like Christ?

6. Grace in Community

- How can you be a conduit of grace to your family, friends, church, or coworkers?
- Who needs to hear a message of grace from you this week?
- How can you help cultivate grace-based community in your church or small group?